

junior parkrun

Mile End junior parkrun

What is Mile End junior parkrun?

It is a 2k event for juniors aged 4 to 14 years old.

If you're not a junior, you could try one of our weekly Saturday parkrun events instead.

When is it?

It is held every Sunday at 9:30 – arrive at 9:20 so that you can join in the warm-up.

Where is it?

The event takes place in Mile End Park, 190 Burdett Road, London, E3 4HL – just outside Mile End Stadium.

What does it cost to join in?

Nothing – it's free! But please register before your first visit and then bring a printed copy of your barcode when you run on Sunday.

You can register here: <https://www.parkrun.org.uk/register/>

You only have to do this once.

How fast do I have to be?

The aim is to have fun! Please come along and join in whatever your pace 😊

