

# WHAT'S FOR LUNCH?

## SUMMER 1 WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN (OPTION 1)</b>	Tomato Pasta Bake WHEAT & MILK	Chilli con Carne	Cauliflower Cheese Pie WHEAT & MILK	Moroccan Chicken	Panko Crumbed Fresh Fish of the Day FISH, EGGS & WHEAT
<b>VEGETARIAN (OPTION 2)</b>	Garlic & Lemon Pasta with Crispy Chilli Breadcrumbs WHEAT	Chilli sin Carne SOY	Vegetarian Shepherd's Pie SOY	Moroccan Roast Cauliflower	Crispy Fried Sweetcorn Fritters
<b>SIDES</b> Where main includes, portion will be offered as optional extra	Garlic & Olive Oil Wholemeal Focaccia WHEAT	Tortillas, Rice & Tomato Salsa WHEAT		Herby CousCous WHEAT	Skin on Chips, Tartare Sauce & Homemade Ketchup EGGS & SULPHITE
<b>VEGETABLES</b>	Honey Roast Carrots	Smoked Paprika Sweetcorn	Garlic Tenderstem Broccoli	Garlic Roast Mixed Peppers	Minted Peas

# WHAT'S FOR LUNCH?

## SUMMER 1 WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available

<b>MAIN (OPTION 1)</b>	Macaroni Cheese WHEAT & MILK	Sausages	Homemade Cheese & Tomato Pizza WHEAT & MILK	Coconut Chicken Curry	Panko Crumbed Fresh Fish of the Day FISH, EGGS & WHEAT
<b>VEGETARIAN (OPTION 2)</b>	Fresh Pesto (Allergy Free) Pasta WHEAT	Veggie Sausage Roll SOY, WHEAT	Homemade Roasted Vegetable Pizza WHEAT & MILK	Chickpea Masala Curry	Halloumi Fries MILK, EGGS & WHEAT
<b>SIDES</b> Where main includes, portion will be offered as optional extra	Wholemeal Rosemary Focaccia WHEAT	Buttery Mash Potato & Homemade Onion Gravy SOY, MILK	Mixed Salad Bar & Garlic & Herb Dip MILK	Basmati Rice, Kachumber Salad & Mint Raita MILK	Skin on Chips, Garlic & Lemon Mayo SULPHITES, SOY & EGG
<b>VEGETABLES</b>	Roasted Broccoli	Roast Carrots	Rainbow Coleslaw SULPHITES	Roasted Green Beans	Pickled Cucumbers SULPHITES Petit Pois Peas
<b>EXTRAS</b>	Fresh Fruit Platter and Greek Yoghurt with Honey or Fruit Compote Available Daily Cheese and crackers				

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